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Cosplayer Alana Waffles takes a selfie with Makhaila Reuben at the Calgary Expo. CANDICE WARD/FOR METRO

EXPO EMINENCE

Calgary cosplayer's star on the rise, **metroNEWS**

Model disgusted by alleged voyeurism

CRIME

**Police say Airdrie
photog recorded
victims without
their knowledge**



**Aaron
Chatha**
Metro | Calgary

A Calgary model said she felt disgusted to learn that nude pictures and video, taken without her consent, might have made their way online via an Airdrie photographer.

Troy Scott Young, 45, has been charged with five counts of voyeurism by the Airdrie RCMP.

In a statement, RCMP said numerous photos and videos of adult female models made their way online. The women in the videos appear to be unaware they were being recorded.

"As a model, a potential victim, and a new mom, there's nothing more disgusting than knowing you've been violated by someone within the industry," said Carolynne Scofield.

Scofield said she worked with

Young multiple times through the last several years.

She said over time, the shoots became more focused on lingerie or less clothing in general. In one particular shoot, Young used a few models to create milk dresses — a photography technique that involves creating the appearance of a dress by pouring milk on the model.

After the shoot, Scofield recalls Young was very insistent that she use his shower.

"He always played himself as a big clean freak," she said. "I know all three of us that day used his shower for sure. Then he invited me back for another milk shoot.... Same thing, 'oh yeah, make sure you use the shower.'"

Once she heard about the charges against Young, she said she felt like she was going to throw up.

"As a mom, you're scared of so many things for your little girl," she said. "How do you tell her, 'I'm going to keep you safe,' when I couldn't keep myself safe from a photographer?"

Young is believed to be currently residing in San Diego, Calif. He is wanted in connection to the recordings.



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'This is what she needs'

HEALTH CARE

Calgary girl with rare form of cancer listed for transplant



Elizabeth Cameron
For Metro | Calgary

Greta Marofke is one step closer to growing up.

On Friday, the three-year-old Calgary girl with a rare form of cancer was officially placed on the Cincinnati Children's Hospital's organ transplant list, after months of flying back and forth between Calgary and the Ohio city where she is being treated.

"I don't even know what the right word is. I was super, super happy. This is what we've been fighting for for many months to try and make this happen," said Lindsey Marofke, who refuses to give up on her daughter's life even after she was turned down for a transplant in Alberta.

"The fear will always be there, but the hope — that this is what she needs to beat this and live a fulfilling life — is there too," Lindsey said.

Now that she's on the list, the waiting begins. The family will fly back to the U.S. next week and be staying at the Ronald Mc-

Donald House near the hospital, possibly for months.

Even after the surgery, it's likely Greta will need three to four months to recover.

A few friends and family members are going through the living donor process to see if they're a match for the O-positive Greta. Her donor could have O-positive or negative blood.

"It's sort of whatever happens first," Lindsey said. "Unfortunately, Steve (Greta's dad) and I aren't matches, otherwise we'd do it ourselves without hesitation."

This weekend, Getto Boys Bar & Grill held their 'Guitars for Greta' music festival to support the family's medical bills.

The final amount hasn't been tallied, but server Hope Drinnan said the venue was packed with people who came out to support Greta.

"It was a blast," Drinnan said. "Everyone was really happy ... it was great. Honestly, it made me feel so good to be able to help out with something like that."

Lindsey said she was floored by how many strangers pitched in without knowing their situation.

"People who were walking by would pop in to ask what was going on and they'd leave money — anywhere from \$100 to \$5,000 that one guy just came in and gave," she said.

"It was really amazing to feel that sense of community in Calgary."



Left to right: Steve, Ben, Lindsey and Greta Marofke. Greta, 3, has a rare form of liver cancer and is currently awaiting a transplant from the Cincinnati Children's Hospital. COURTESY MAROFKE FAMILY

MARIJUANA

City updates its pot position



Brodie Thomas
Metro | Calgary

Calgary council is getting an update on where the city stands on the topic of legal cannabis, but some are saying administration's continued focus on potentially limiting home growth is misguided. For the most part, both levels of government are on the same page when it comes to regulations. City administration has taken the stance that residential growing presents risks such as mould, or electrical fire from lighting equipment. It's recommending restricting the scale of residential growing for health and safety reasons.

That's nonsense according to Coun. Brian Pincott.

"It's no different than any other plant in your house," he said. "If you're concerned about mould — then let's pass the rule that you can't have more than four plants maximum in your house if that's the concern. Cactus or succulents, or poinsettias."

Mathew Campbell, director of events with the Calgary Cannabis Club, said marijuana can be grown like any other houseplant, although people are already purchasing off-the-shelf lighting equipment that include LED lights and carbon filters for the air.

The big question for the city remains tax revenue, as the federal government has not indicated how it might be shared with provinces and municipalities.

"I don't even know what the right word is. I was super, super happy. This is what we've been fighting for for many months to try and make this happen. Lindsey Marofke



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Expo standouts

Six local comic-book creators to keep an eye on

AARON CHATHA METRO

Ryan Ferrier is currently writing the Teenage Mutant Ninja Turtles, as well as his original creations D4VEocracy and Kennel Block Blues. Find his stuff at any local comic store.



The electro-rock musicians of Septembryo have created their own comic book, following a struggling musician who enters the world of the supernatural. Like Doctor Strange as a musical. Check them out at radpencils.com.



Johnny Luu is trying to tell stories with his art – like his Ninja Turtles piece, where he represents Splinter, and his newborn son is different aspects of the turtles. Follow him on Instagram @JLillustrations.



Allan Stanleigh (left) is one of the minds behind USNA. In a future where Canada and the U.S. have amalgamated, a former prime minister leads a Canadian rebellion. The battle of the first book ends in Calgary, but the second book was just released at USNA.ca.



A feature in Boneshaker Press anthologies, artist David Joyce teaches and discusses the joys and challenges of being an artist. From super heroes to fantasy figures, follow him at davidjoyceart.com.

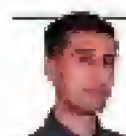


Jaysin Brunner started DPI studios to bring people's Dungeons and Dragon's characters to life. The series took off, and DPI studios has expanded to steampunk, cyber punk, horror and a web comic online at dpistudios.net.



COMIC BOOKS

Waffles embraces cosplay stardom



Aaron Chatha
Metro | Calgary

Calgary cosplayer Alana Waffles has had a big year.

Her Gwenpool costume got her featured on the cover of a Marvel comic book special edition, she's a regular feature at comic-legend J. Scott Campbell's booths around North America and what started as a hobby is finally bringing in some income.

"A year ago, I didn't know if I would make it to all these conventions, but this year, I'm

getting paid to go to all these conventions," she laughed. "It's a weird little twist, but I hope it keeps going."

It's fun, but it's also work. Waffles gave us a quick run through of her day at the Expo as Josie, from Josie and the Pussycats.

It starts early in the morning. After a quick breakfast (eating is important, and too easy to overlook), she's in the make up chair doing her eyes, fake freckles, eyebrows, lashes and more for just under two hours. On days where she has a bulky costume (think armour), that's

an extra hour of set up time.

When she's finally ready, she calls up an Uber to take her, and anyone she's travelling with (like the rest of the Pussycats), to the convention centre.

The drivers range from very interested to very oblivious to their costumes.

Then there's eight to 12 straight hours of photos, walking, and more photos.

But it's all worth it — it's the only place where she can nerd out all day, safely and with enthusiasm.

Follow Alana Waffles on Instagram @alanawaffles.



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Olympian hands out medals at race

HALF MARATHON

Calgary-raised athlete proud to play role in police event



Elizabeth Cameron
For Metro | Calgary

Usually he's in uniform on race day, but this year Ian Vernon, a 19-year-veteran of the Calgary Police Service (CPS), crossed the finish line of the Calgary Police Half Marathon in his running shoes.

"This year I had the opportunity so my partner and I decided to give it a go," Vernon said. "The most important part of the (Calgary Police) Foundation (is) keeping the kids out

of trouble before they get in there — and a healthy lifestyle is No. 1 for that."

The event, in its 37th year, supports the foundation which funds six youth-based programs in the city aiming to keep youth away from a life of crime or from becoming victims of it.

This year, 1,700 people took part. Many were handed a medal at the finish by two-time author and Olympic-medallist Akeem

Haynes, who won bronze for Canada in the men's relay at the 2016 summer games in Rio.

Jamaican-born and Calgary-raised, Haynes now trains in Phoenix but carved out time to be at this year's event.

"I'm not really home much, but when I have the opportunity to come and support Calgary, support this foundation and support the younger generation — I couldn't turn it down," he said.



Travis Juska and son Hunter finish the 37th annual Calgary Police Half Marathon.

ELIZABETH CAMERON/
FOR METRO

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CEREBRAL PALSY ASSOCIATION

Charitable group targeted by vandals

The Cerebral Palsy Association of Alberta (CPAA) is reeling from a rash of vandalism at their Calgary office — again.

A driver arrived at the association's office on Saturday morning to find a marked vehicle's back window had been broken, along with the building's front door and side window.

Bags of donated clothing were ripped open and strewn across the parking lot.

"There were broken chairs behind the vehicle and things like that," said Joanne Dorn, director of development for the CPAA.

"It's very discouraging and very sad that individuals in our community would do this to a charity."

A similar incident happened to the CPAA last year. Dorn said there has been a large increase in vandalism and theft from the association's clothing donation bins around the city and the damage costs up to \$1,000 to fix.

"We're in the process of re-vamping all the bins to put a more advanced anti-theft system on them — but as fast as we are trying, the culprits are coming out to sometimes literally weld things off or put their own locks on," Dorn said. "It ultimately

affects the cost we have to put out on a weekly and sometimes daily basis to fix the locks, the broken bins, and the loss of revenue from the clothing theft."

She said clothing donations (resold at Value Village) generate almost 60 per cent of the CPAA's funding for programs and services.

"Ultimately, the people that end up suffering are the members we serve directly," Dorn said.

They've hired round-the-clock security to watch the site until a camera-surveillance system can be installed.

"We'll see ongoing repercussions from this with increased insurance and the extra cost of a camera system and security. So it's really disappointing," Dorn said.

ELIZABETH CAMERON/METRO



Vandals attack second time in a year. ELIZABETH CAMERON/METRO

NOTICE OF HEARING FOR: PERMANENT GUARDIANSHIP ORDER TO: **Clayton Brewster**

Take notice that on the 29th day of May 2017 at 9:30 a.m., at **Calgary Family Court, Courtroom # 1205, 601 - 5th Street SW, Calgary, Alberta**, a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for **Permanent Guardianship Order** of your child born on **April 16, 2016**. If you wish to speak to this matter in court, you **MUST** appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Jackie Ellice; Leanne Baines; Daniella Eggink
Children's Services Calgary Region
Phone: (403) 297-2978

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IN BRIEF

Calgary fire crews put out blaze in city's southwest

The Calgary Fire Department (CFD) was able to successfully extinguish a fire in the city's southwest on Sunday afternoon.

At around 5 p.m., crews were called to the 1900 block of 43 Avenue SW.

When crews arrived, there was heavy brown smoke coming from a single-family bungalow.

A second fire crew was called in but was not needed. The first responders were able to extinguish the fire, which had found its way to the attic. Two children and two adults had escaped out of the home. METRO STAFF

POLICE

Crime numbers mostly down from last year: CPS Report

Calgary police crime stats for 2016 are in, and while numbers are down from last year, they're still well above the five-year average in most categories.

The service's annual report is going to the city's community and protective services committee on Wednesday.

Commercial robbery, street robbery and non-domestic assault were all down over last year's numbers. However incidents of violence were up 12.1 per cent over last year, and almost 23 per cent over the five-year average.

Residential break and enters

were down 31.1 per cent from 2015, and down 11.9 per cent from the five-year average.

However vehicle thefts were up 9.9 per cent over 2015.

Property crime in total was down 16 per cent over 2015.

Unfortunately, domestic assault has remained almost unchanged from the previous year, decreasing only 1.3 per cent according to the force's numbers.

In its report, CPS notes that the 2016 citizen survey showed that while 95 per cent of cit-

izens have confidence in the police force, about half believe that crime rates are on the rise.

Coun. Richard Pootmans, vice chair of community and protective services committee, said he's impressed with what the force has done with its resources.

"CPS — to their credit — did not come to us for a budget increase this year, and they've in fact hired 50 more police officers," he said.

METRO

16%

Percentage that property crime is down since 2015.



The new Netflix series 13 Reasons Why has been causing a stir at schools as students discuss its depiction of suicide and mental health issues. BETH DUBBER/NETFLIX VIA AP

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13 Reasons to discuss this

EDUCATION

CBE, CCSD say they won't ban TV series with suicide theme

Lucie Edwardson
Metro | Calgary

Calgary school boards don't plan on banning 13 Reasons Why from discussion despite school boards across the country taking that stance due to what they see as troubling depictions of suicide and mental health issues.

Both the Calgary Board of Education (CBE) and the Calgary Catholic School District (CCSD) said they believe it's important that students are able to

curriculum outcomes of a program of study.

"Certainly if students want to talk about it, it does fit within the curriculum in a number of different places," said Geyer. "So they would be approaching it from a critical thought perspective with learning in mind. It could be a conversation starter in a lot of ways." The CCSD said while they're not recommending teacher's use 13 Reasons Why as a resource, they aren't banning it as a topic of conversation.

"I know that it is something that has been discussed recently and I'm sure it's being discussed by our student body," said Karen Ryhorchuk, spokeswoman for CCSD. "For us part of creating that safe environment for students is encouraging to speak freely if something is troubling them, and that's what we're focused on."

Both school boards said in addition to being open to conversations about difficult topics, like those portrayed in 13 Reasons Why, they've also got counselors and crisis teams that are available to both students and teachers, and both boards regularly discuss mental health issues with their students.

The CCSD said they've also been in communication with their principals about 13 Reasons Why and have provided them with additional resources for talking with students about suicide and suicide prevention.

It's important to keep in mind that schools regularly have conversations about challenging and controversial topics.

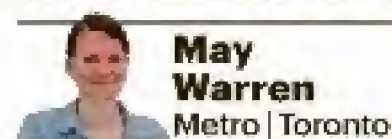
Megan Geyer.

"It's important to keep in mind that schools regularly have conversations about challenging and controversial topics and if anything current affairs or relevant to students comes up it'd be the normal practice of schools to have conversations about shows they're all watching at home," said Megan Geyer, spokeswoman for the CBE.

The CBE said like any other resource, teachers have the flexibility to choose texts, books and other resources to meet

We must 'stand up' for Great Lakes

metro EXCLUSIVE
Canadians want their own country to take initiative



May Warren
 Metro | Toronto

The majority of Canadians want to see an increase in Great Lakes funding if the U.S. guts a \$300 million conservation program.

A new Forum Research poll of 1,479 Canadians shows 57 per cent would back the initiative, with support particularly strong among Canadians under 34, the least wealthy, and those in Ontario and B.C.

It makes sense, said Elizabeth Hendriks, vice-president of Freshwater Program at World Wildlife Fund Canada, as younger people are the ones who will have to live with the consequences of not acting to protect fresh water resources.

"The impacts of climate change are today being felt through water and we need to be ready for that," she said.



57%
 of Canadians believe that if the U.S. cuts its budget to protect the Great Lakes Canada has a responsibility to increase funding in response

Kayakers head out of the mouth of the Etobicoke Creek at Marie Curtis Park and onto Lake Ontario. METROLAND FILE

"Canadians are demanding it."

Great Lakes funding faces significant obstacles in the U.S.

President Donald Trump's proposed budget would wipe out the Great Lakes Restoration Initiative, cutting its \$300 million budget by 97 per cent.

The program, which started under president George W. Bush, funds crucial activities like cleaning toxic areas and restoring natural habitats,

said Nancy Goucher, manager of partnerships at Freshwater Future. She told Metro that Canada needs to put money towards domestic initiatives,

"We're prepared to step up and take a leadership role."

Mark Mattson

like addressing algal blooms in Lake Erie that are already affecting water quality.

Canada does not have a program like the one in the U.S., and Great Lakes conservationists have long advocated for one.

Mark Mattson, president of Lake Ontario Waterkeepers, warns U.S. cuts would have disastrous consequences for the interconnected Great Lakes ecosystem, and hopes for political pushback.

"To make cutbacks now and to go from an era of restoration, which is really what we've been seeing for the last ten years, and go back to an era of destruction is just not going to fly with the Americans," he said.

"I think the poll proves it's not going to fly with Canadians either, and we're prepared to step up and take a leadership role."

Defence minister offers a full apology on social media

Defence Minister Harjit Sajjan has formally apologized for embellishing his role in a key Afghan offensive even as evidence emerged that he had made the false claim before.

A beleaguered Sajjan took to social media this weekend to issue a full mea culpa for his claim to an overseas audience that he was the "architect" of Operation Medusa, a 2006 offensive by Canadian forces to oust Taliban fighters from districts around Kandahar.

Sajjan said he had "made a mistake" in describing his role. "I wish to retract that description and apologize for it. I am truly sorry," he said Saturday in a Twitter post that referred readers to a fuller explanation on his Facebook



Harjit Sajjan THE CANADIAN PRESS

page.

"What I should have said is that our military successes are the result of the leadership, service and sacrifice of the

many dedicated women and men in the Canadian Forces."

It was not, however, the first time Sajjan had made the claim. In 2015 he told the B.C. program Conversations That Matter that Gen. Jonathan Vance, the current chief of defence staff who was previously a commander in Afghanistan, saw him as a key figure in the 2006 offensive.

"If I could quote him, he said I was the architect of Operation Medusa, one of the biggest operations since the Korean War that Canada has led. We took the fight hard to the Taliban," Sajjan said in July 2015, just months before he was elected as a Vancouver MP.

Vance's office was not available Saturday to respond to that claim. TORSTAR NEWS SERVICE

Controversial House proposals dropped

The Trudeau government is backing down from some of its most controversial proposals for reforming the way the House of Commons operates in the face of opposition filibustering that has tied parliamentary business in knots for weeks.

Government House leader Bardish Chagger has written to her opposition counterparts, announcing that she intends to

proceed with only those reforms promised in the Liberal election platform — including having the prime minister answer all queries in one question period each week, as Justin Trudeau has already begun doing.

Chagger is dropping other more contentious proposals, which opposition parties have

unanimously denounced as a bid by the Liberals to control the parliamentary agenda.

That includes a proposal to adopt the British practice to use "programming motions" to set in advance the amount of time to be devoted to debate and committee study of each bill introduced in the Commons.

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New York to woo Canadian tourists

TRAVEL

City's tourism industry seeks to offset the 'Trump slump'

New York's tourism industry is worried U.S. President Donald Trump's America First policies are turning off Canadian visitors, and they're heading

north this week to woo Canucks and their tourism dollars.

The head of New York City's official tourism organization, NYC & Company, minces no words in admitting he's keen "to counter a little bit of the negative rhetoric that is coming out of Washington."

"We recognize there are challenges at the border at the moment," Fred Dixon said by phone from New York before the trip.

"We want to remind everyone that New York City is welcoming and that we are a diverse and safe city, a sanctuary city like Toronto, and we value the same things."

A supposed "Trump slump" has yet to be verified by hard data, but anecdotal evidence abounds of would-be travellers vowing to avoid the U.S.

Dixon said New York's allure plummeted after Trump unveiled a barrage of proposed

anti-immigrant policies that included a ban on travel from certain Muslim-majority countries.

And then Trump started railing against Canada in recent weeks, with attacks targeting dairy farmers, softwood lumber subsidies and the North American Free Trade Agreement.

His organization predicts New York will see 300,000 fewer foreign tourists this year, including a projected 17,000 fewer Canadians. THE CANADIAN PRESS



New York's allure fell after Donald Trump unveiled anti-immigrant policies, says the city's official tourism organization. ISTOCK

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IDAHO

Locker-room assault sparks effort to heal

Bukky Ogunrinola's mother taught her years ago to use caution in how she dressed and presented herself in public. Being a young black woman in Idaho meant living in a world where she's sometimes greeted with suspicion.

Still, the 16-year-old was stunned to wake up one cold January morning to see the windows of her family's SUV smashed and the words "go back" in white paint splashed across the vehicle.

"I'm a woman of colour, and I'm an athlete in Idaho. That's not that easy. I mean, I think there's three of us in Idaho?" said Ogunrinola, whose family emigrated from Nigeria 14 years ago.

Community leaders in Idaho are collecting stories of violence and discrimination like Ogunrinola's in the wake of a sexual assault of a disabled black athlete by his white teammates that shocked not only a small town but residents across the state. They hope to identify possible policy changes or improvements to community outreach.

The effort is being launched in a state better known for its potatoes than its diversity, but that isn't stopping advocates from working to identify solu-

tions to limit acts of hate.

The effort began after John R.K. Howard and two teammates were charged with sodomizing a black teenage boy with a clothes hanger in 2015 in the locker room of the high school in the tiny farming town of Dietrich, known for its deeply religious population. The sex assault charge against Howard, who was 18 at the time of the attack, was later dropped. Instead, he was sentenced in March to probation for felony injury to a child.

News of the lesser charge sparked outrage and confusion, with critics arguing the judge failed to recognize its racial implications. THE ASSOCIATED PRESS



John R.K. Howard
THE ASSOCIATED PRESS FILE

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Tyler Verge

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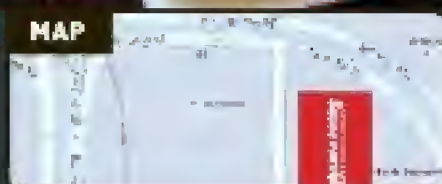
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URBAN ETIQUETTE ELLEN VANSTONE



The top ten transit faux pas and how to avoid them

Judging by the mailbag here at Metro, our nation's public transit systems are filled with people who don't have the first clue about proper etiquette. It's almost as if they don't care about the comfort and safety of their fellow riders! Here is a handy Top Ten list of reminders for readers who do care.

1. Think of your backpack as a precious baby, that you want to hug to your chest and protect from the bumps and bruises of fellow riders. Do not think of this baby as a small lumpy weapon strapped to your back in order to whack surrounding passengers.

2. Keep your feet off the furniture. Those big boots of yours might impress some, but most of us will only be reminded of animals, like the ones you grew up with in a barn, and the dogs and pigeons whose sidewalk-poop particles you are now distributing onto seats shared by all.

3. Keep your business to your self. We're not impressed that you own a cellphone, and we don't want your loud conversation ringing in our ears while we try to mind our own business.

4. One ticket = one seat. Don't take up two seats with your bags and belongings. Don't take up 1½ seats with your elbows or sad addiction to manspreading.

5. Stand up and offer your seat when you see a parent struggling with small children, or a pre-parent struggling with a giant, unwieldy belly, or an older, infirm person, or any other kind of incapacitated fellow human being who needs that seat more than you do.



Axi Castilla

6. Stand aside if you're near the doors and not getting off. Don't block the exit doors.

7. Sit down rather than hover over an empty seat, preventing anyone else from using it.

8. Nibble discreetly on some inert comestible if you must. Please refrain from chowing down on a dripping, reeking burrito, half of which ends up on your clothes or the floor. It's hard to watch let alone smell.

9. Wash irritating chemicals off your body when going

in public. Though your "eau de Pepé Le Pew" may smell marginally better than the warm, pungent sushi being scarfed down in the seat next to you, nobody really wants your artificial fragrance up their nostrils and bringing tears to their eyes. And if this appeal to consideration doesn't convince you, note that perfume, like plastic, is increasingly passé.

10. Move to the back. This is a strange one and we've all done it — we cluster near the front like mad drunks at a kitchen party, happy to be crushed in a crowd

rather than retire to the thinly populated regions of the living room, or back of the bus. It's a human impulse. But as overpowering human impulses go, this is one of the easier ones to master. So disengage from the crowd, be the rugged individualist we know you can be, and lead the masses to space salvation at the rear!

It's these small acts of heroism that may save us all in the end.

Need advice?
Email Ellen:
askellen@metronews.ca

VICKY MOCHAMA

Revived rift is ruining my ability to wax nostalgic

Like fanny packs, crop tops and Jeff Goldblum's career, trade conflagrations over softwood lumber with our American neighbours are back.

It's the '90s all over again. Softwood lumber is in the news now thanks to Donald Trump, who last week slapped duties between three and 24 per cent on Canadian softwood lumber. Industry leaders here shot back, saying the move was illegal and they will fight it in court.

Growing up, my parents were nightly news watchers; it seemed to me that Peter Mansbridge was positively obsessed with softwood lumber. (We should not rule out the possibility that this trade debacle is actually Peter's parting present to his fellow newscasters. A true diva only leaves after an encore.) Back then, I did not understand what it was about but I, along with the rest of the nation, breathed a sigh of relief when Canada and the United States announced a resolution to the long-standing dispute in 2006.

The softwood lumber squabble was, I had hoped, something I could tell the next generations about with sighing nostalgia.

"In the '90s and early aughts," I planned to tell my grandnieces and nephews via telepathic Skype, "we used to have trees."

"Mom took us to see The Last Tree at Disney!" they'd exclaim.

I would sigh, "Yes, and once

upon a time, we made things with trees and we got into a fight with the United States about trees. We called it the softwood lumber dispute."

With the deadpan boredom of children, they'd ask, "What's softwood lumber?"

"Hello? Sorry. My telepathy is going out."

My telepathy will not be going out. I don't think I can answer that question. And I had hoped that it wouldn't come up again during my adult years.

You see, I'm not entirely sure I know what softwood lumber is. I am certain I've been told about it.

It's one of those quirks of the brain that there are a handful of important things that I'll always have difficulty remembering.

For example, I regularly pay a utility bill but I can't tell you with any certainty whether it's heat, water, electricity or gas. It is possibly two of the four though I'd be guessing if I had to pick.

Another one I can't quite pin down is ovulation. I'm a woman and a feminist and I believe in taking responsibility for one's own health. And yet, I have nothing but a series of guesses as to all five Ws and the How of ovulation. That one I'm certain I've been tested on.

How odd then to find myself sympathizing with President Trump. Both of us know nothing about softwood lumber, have likely been briefed on it and are fudging the answer.

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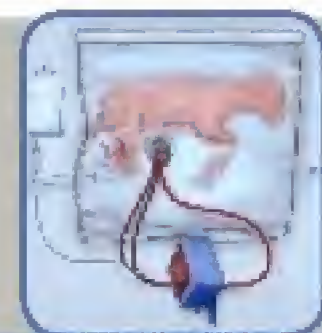
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JOHANNA SCHNELLER
WHAT I'M WATCHING

As a group, humans are corruptible

THE SHOW: *The Handmaid's Tale* S1, E2 (Bravo)
THE MOMENT: The cookie

In a dystopian near-future, handmaid Offred (Elisabeth Moss) serves as a breeder for her Commander (Joseph Fiennes) and his wife Serena (Yvonne Strahovski).

At another commander's house, a condescending wife offers Offred a cookie.

"You shouldn't spoil them. Sugar is bad for them," another wife scolds.

"Surely one won't hurt," Condescending says.

Serena hands Offred a perfect macaron. It's clear this is a rare treat. It's also horribly shaming. Offred takes a small bite.

"Isn't she well-behaved!" Condescending trills.

Offred, excused, clamps a hand over her mouth and ducks into a powder room. She spits the lump of chewed cookie into the sink and rinses it away.

She smiles into the mirror. They haven't killed her spirit yet.

I was anxious about this series. I greatly admired Margaret Atwood's source novel, but there were still things I didn't buy (the biggest: that a society set up by men would



Elisabeth Moss as Offred in *The Handmaid's Tale*. CONTRIBUTED

revolve around dreadful sex). But I'm happy to report that the three episodes I've seen are terrific.

First, as all reviewers have noted, creeping totalitarianism in the real world makes the story eerily timely.

Second, the flashbacks that show the U.S. turning into this

rigid theocracy are excellent slices of believability.

Third, we see just enough of them that the scenes of pre-turn, regular life look like heavens of freedom.

Mainly, I'm loving how the show makes room for scenes like this one: original, off-kilter, yet tone-perfect character

moments that demonstrate the larger theme: humans as a group are corruptible, but individual humanity can endure.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

PERSONAL FINANCE

How's your financial health?

Traditional financial literacy efforts haven't been a rousing success.

That's why many experts concerned about our money habits are promoting the concept of financial health.

"Financial literacy is really what you know. Financial health is the outcome," says Rachel Schneider, senior vice-president for the Center for Financial Services Innovation in the U.S.

"You might know what to do, but the gap between knowing and behaviour is huge."

The concept of financial health also acknowledges the forces beyond our control.

Just as physical health is a combination of behaviour, genes, and access to good medical care, financial health is a combined result of personal decisions and abilities, the economy, and access to good, unbiased financial services and advice.

Definitions of financial health typically have three common factors: You can manage your day-to-day financial life; you can absorb a financial

shock; and you're on track to meet your financial goals.

How do you get there? Several behaviours can help.

Firstly, you spend less than you earn. This is the foundation for financial health. You can't get out of debt or save for the future if your expenses eat up all your available income.

Also, you pay bills on time. You manage your cash flow and meet your regular financial obligations.

Missing payments costs you money in late fees, hurts your credit and causes stress.

You have a decent emergency fund. The Center for

Financial Services Innovation would like to see everyone have six months' worth of living expenses set aside. What's more important than the amount is developing a habit of saving regularly so you continually replenish.

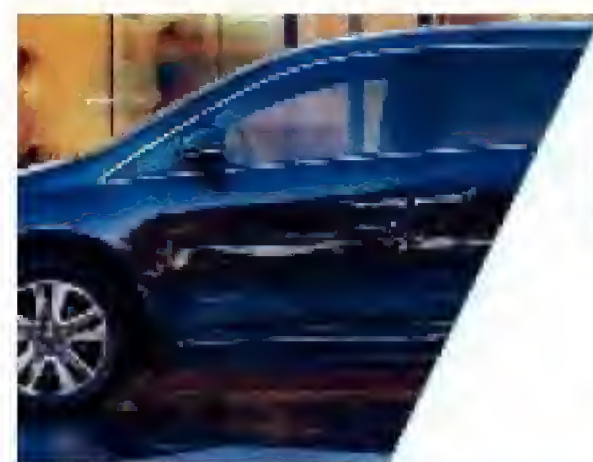
Ensure your debt load is sustainable. The Center for Financial Services Innovation recommends that mortgage payments consume no more than 28 per cent of pretax income.

THE ASSOCIATED PRESS



The gap between knowing and behaviour is huge

Rachel Schneider



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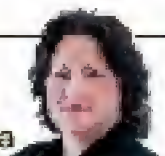


Don't pay the tax man too much

TAX

It's better to have money in your pocket now than later

Gail Vaz-Oxlade
For Metro Canada



People are always telling me why they can't save. In the next breath they tell me about the tax refund they're getting.

I ask: "Why would you give the government an interest-free loan? Are you cray-zee?"

They say: "It's like forced savings."

So what they're really saying is that they can't keep their sticky paws off their savings and would rather earn no interest on their money. Hmm.

Reality check: Money in your pocket now is better than money in your pocket down the road.

And yet every year about two-thirds of the people who file a tax return in Canada end up getting a refund, with the average refund running to just over \$1,400.

Geeze Louise! That's more than \$100 a month you could have put to work for YOU.

Start by reviewing your TD1 Form to make sure you have only as much tax as necessary withheld. If you just got married and your mate doesn't have an income, you can update your TD1 to claim the spousal amount. Ditto if you're new to the workforce and plan to claim tuition credits you've carried forward.

Here's a form that very few people use, but is remarkably useful for keeping money out of



Tax refunds sound and feel great, but wouldn't you rather have that money in the first place? iStock

\$1400

The approximate average tax refund per year in Canada.

the government's hands: Form T1213: Request to Reduce Tax Deductions at Source. This form lets you request permission from the tax man to have your employer reduce the amount of income tax taken off of your paycheque every month.

If you can demonstrate that you're eligible for certain recurring deductions that will reduce your tax bill at the end of the year, you can trade in your tax refund for more take-home pay.

Do you make monthly RRSP contributions by way of pre-authorized withdrawal? You're eligible. How about child-care expenses? If you're tithing monthly, you can do it for your charitable donations. If you have

rental losses, interest expenses on investment loans or carrying charges, those are eligible too. So are support payments.

You'll have to fill out the form and send it to the tax man every year. You can do it at any time, but the best time is in October or November for the following year, so open up your diary and set a reminder right now. Once you're approved, the tax man will provide instructions by letter to you, which you then give to your employer, who will adjust your pay for the remainder of the year.

Fill out Form T1213 and get the tax man's approval and instead of paying extra tax and getting refunded, you'll pay less tax on an ongoing basis so you'll have more cash that you can then use to establish an automatic savings plan.

Whether you send that money to your RRSP, your TFSA or your high-interest savings account, it's way better in your hands than in the tax man's.

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WHY I LIKE MY JOB

Matthew Hubbard, 42, tool and die lead hand, Henniges Automotive Schlegel, Burlington Ont.

When I finished high school, I had no idea what I wanted to do. My grandmother saw how good I was with my hands and suggested I go into tool and die making like her father. At that time (that job) was still in high demand.

I took a pre-apprenticeship course for tool and die to gain some experience on machines and to see if I liked it. It was the best \$1,500 I've spent. The course knocked a year off of my four-year apprenticeship. Then I wrote my Certificate of Qualifications — the tool and die journeyman's papers.

Today, I work for a company that makes window seals for the automotive, building and construction industries. A typical day would be reading blueprints, turning workpieces on a lathe, grinding punches, running a wire EDM or CNC machine and ordering supplies.

I enjoy watching the tools I have made being used for years and years. I can walk down any one of our lines and point out all of the tooling I have made over the 14 years I've been here.

Before I went into tool and die I tried a bunch of different jobs, from advertising to retail to photography. I stuck with it because you're always learning — every day is different. When my boss asks if I can do something, the answer is nine out of 10 times "yes." The fun part is figuring out how I'm going to do it.



Tool and die making is a growing industry. iStock

THE BASICS

\$55,440

Median annual salary for an intermediate tool and die maker. Those with advanced training and experience can expect to earn upwards of \$80,000 per year.

305%

The growth in job postings between 2014 and 2015.

Data for this feature was provided by payscale.com, workopolis.com, statcan.gc.ca, collegesoftrade.ca, ontariocolleges.ca.

HOW TO START

A high-school diploma is usually required, as well as four or five years in an apprenticeship program — though post-secondary courses can shorten that time. There are a number of colleges and trade schools across the country that offer programs, including Sheridan and Richmond, B.C.'s IFA school, and Nova Scotia Community College. Whether through a straight apprenticeship program or a diploma, prospective tool and die makers learn how to use various machines and equipment, as well as metal forming, design and die manufacturing. Students and apprentices are then encouraged to take a trade certification — which varies province to province — though it is a voluntary test in many jurisdictions.

WHERE YOU CAN GO

There are opportunities for tool and die makers across a number of different industries, including the manufacturing, oil, mining and automotive spaces. Cities and towns with a heavy manufacturing presence, like Toronto and Oshawa, will have the most jobs, while there are also openings in the more northern parts of the country at the oil fields and mines. The high skill level required means positions are often difficult to fill, making skilled tool and die makers in higher demand.

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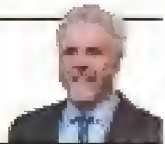
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Farm's water buffalo are the big cheese

DAIRY

Consumer demand for versatile milk is growing

Owen Roberts
Urban Cowboy



Nothing says spring like the birth of a baby animal — even if that baby is a 100-pound water buffalo, named Jolene.

Jolene was born last month at the Ontario Water Buffalo Company, about two hours east of Toronto. Owners Martin Littkemmann and Lori Smith are expecting about 100 calves this spring.

Females like Jolene are particularly coveted for their milk. In four years, when she's a full-grown five-foot-tall, 2,000 pound adult, she'll be producing up to 10 litres of milk per day.

And that's music to Littkemmann and Smith's ears.

Buffalo milk is a lucrative, sought-after, versatile product. It's protein rich, high in fat and low in cholesterol. This spring, Littkemmann and Smith are working with commercial dairies in Toronto and elsewhere to produce new water buffalo products, including gelato and a blue cheese called Azzurro di Bufala.

Restaurateurs are catching on. Clark Day, newly minted fellow of the Ontario Hostelry Institute and owner of Bayview Farm Restaurant in Kingston, Ont., says Littkemmann and Smith make some of the best cheese in the province. In his fine dining establishment, he offers the Ontario Water Buffalo Company's mozzarella — the crowning jewel of a tasty Caprese salad — along with its asiago, blue and ricotta cheese.

"Martin and Lori and talented and incredibly hard working



Lori Smith gives some love to newborn calf, Jolene. PHOTOS BY LIZ BEDDALL/FOR METRO CANADA

THE FUTURE of FARMING



What's next for these water buffalo farmers?

Researchers at the University of Guelph and McGill University are helping the Ontario Water Buffalo Company improve the genetics of their herd. That involves modern reproductive technology, such as embryo transfer, in-vitro fertilization and artificial insemination. By the fall, the farm hopes to be exporting breeding animals.

OWEN ROBERTS/FOR METRO

Helping feed the hungry world

It's estimated that by 2050, the world will be consuming two-thirds more protein than it does today. Some experts believe indigenous animal such as water buffalo could help. "Buffalo production makes an important contribution to economic development, rural livelihood, poverty alleviation, and meets the fast-growing demand for animal protein," write B.M. Naveena and M. Kiran in the journal *Animal Frontiers*.

OWEN ROBERTS/FOR METRO

farmers" he says, "and we are honoured to represent them at our restaurant. Their products help keep our menu varied and original."

Water buffalo could do much worse than to belong to the Ontario Water Buffalo Company herd. The farm, which supports an impressive 350 animals, is



Herd assistant Erin Joron, left, and herd manager Caitlin West work in the milk barn.

one of the largest and most well-established of the dozen water buffalo farms in Canada.

Yet despite its size, Littkemmann, Smith and their herdpeople know each animal by name.

Jolene, for example, is joining the likes of Zorra, Jamaica and Sunnie, other names found in the herd.

The water buffalo have oo-

dles of room to roam and graze here — 450 acres, in fact. They can swim in an eight-foot-deep pond. They can wallow in whatever mud they can find.

Or they can chill.

Despite their size, water buffalo are gentle, docile animals, content to do very little. Yvette, the farm mascot, even lets people sit on her back for photos, each year during the



FARM links

Connecting with the world of water buffalo

Ideas for using buffalo mozzarella

pinterest.com/explore/buffalo-mozzarella

All about water buffalo

nationalgeographic.com/animals/mammals/w/water-buffalo

Water Buffalo Festival

ontariowaterbuffalo.ca/events.html

Take our poll The name of Martin and Lori's next water buffalo calf will start with an "L." Take our metronews.ca poll and tell us what the calf's name should be?

Water Buffalo Food Festival in nearby Stirling.

And even though they are easily milked — like they are twice a day at the Ontario Water Buffalo Company, at 6 a.m. and 5 p.m. — they've never really caught on in Canada. Here, more productive breeds of dairy cows, especially Holsteins, are favoured, which give about three times as much milk per day.

But that's fine with farmers Littkemmann and Smith, who have experience with conventional dairy and beef cattle. When they decided to commit to water buffalo, they weren't looking for the norm.

"We tend to take the road less travelled," says Littkemmann. "We like doing something different, and in Canada, it's hard to find something more different to farm than water buffalo."

Owen Roberts is an agricultural journalist at the University of Guelph. Follow him on Twitter at @TheUrbanCowboy.



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SUMMER CAMPS

PREPPING YOUR NEWBIE DAY CAMPER

Your daughter is about to embark a fun-filled journey with new friends and exciting adventures. The only problem? She doesn't know it yet.

Here are a few tips to help parents ease any pre-camp jitters and make the most of what will surely be the best of times.

It begins even before the camp is selected.

"One great tip that we often recommend is to choose camps with your kids," says Agnes Stawicki, managing editor at Our Kids Media. "When they're involved in it from the start they can take ownership of that decision."

Then when it comes to getting ready for camp that first morning, she says that involvement should translate into eagerness.

The next step is getting into reminder mode.

"Let them know ahead of time — say the week

before — what is happening next week," says Stawicki. "You can share with them little tidbits on what is going to be happening at camp or the types of activities that they might be getting involved in. And that will again get them excited about going."

That first hurdle, she says, may be the only one that needs clearing. "Once they get there on the first day, they're typically so excited they can't wait to go back (the following day), and by the end of the week they're saying, 'No, it's already done? I want to stay longer.'"

Staying on top of the actual requirements of the camp can also reduce anxiety.

"Make sure that you have a good look at a checklist of what to bring and what not to bring," she says. "Particularly regarding food allergies, so that your child doesn't feel that they



ISTOCK

are singled out for bringing something that's not allowed."

Stawicki says homesickness is less prevalent than at sleep-away camps, partly because kids have reached school age and are accustomed to being away from home throughout the day.

"That said, speak to the camp if you feel that your child may be homesick and find out what their policies are around that," she says. "Most camps are very open with communication, just to let you know how your child is doing, as well."

—SEAN DEASY



ISTOCK

Building fond memories for happy campers

If you grew up in Canada there's a good chance summer day camps are among your most cherished childhood memories. And with good reason: they were all about fresh air, new friends and fun activities.

Today, the summer day-camp landscape may look somewhat different — but fun times are still the focus. And with a wider array of diverse activities — and, in some cases, an emphasis on learning and strengthening leadership skills — day camps of 2017 truly aim to please everyone.

A glimpse at the roster of day camps available in most Canadian cities show programs centered on super heroes, ninjas, warrior training animation, film, video-game design, fashion-design, make-up artistry, and even Minecraft and Lego. There's also a rock-band camp where kids not only sharpen their musical skills but also gain insights into the business side of being in a band.

Of course sports camps still largely dominate the scene, but now they include relatively uncommon athletics such as fencing.

"There is a camp that's going to be a right fit for your child," says Agnes Stawicki, managing editor at Our Kids Media. "And it'll be a

camp that they're going to absolutely love."

Day camps that focus on learning are on the rise, she says.

"A big trend that we have seen really grow over the last few years has been around S.T.E.M. — science, technology, engineering and math camps," says Stawicki, who adds that nearly all day camps retain a physical component in addition to the core pursuit.

"Of course it's important that kids are playing, getting the fresh air and physical activity through out the summer," she says. "It's not just that their minds are active and being engaged, but their that bodies stay active throughout the summer months as well."

Some longer term benefits of attending a summer day program, says Stawicki, include making new friendships, developing social skills and building confidence.

"Within a camp setting often you're put into situations where you need to resolve your own issues, learn how to follow well, or lead a particular group," she says. "That allows kids to build confidence and resilience they need in life."

—SEAN DEASY

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Kids explore their talents and enjoy endless summer fun

If your kid is into Lego, hip hop, music, robots or pretty much anything else, you're going to find a great camp at Mount Royal University.

MRU Kids has been offering great camps for kids for 27 years. This year they're expecting another great summer with about 2,500 kids and 80 counselors.

"Our camps are well-rounded: In addition to skill building we make sure that every camp also has plenty of physical literacy and daily swimming," said Jessica Lee-Wah, administrative supervisor. "We also offer complimentary early and late care which offers convenience for parents."

These camps are designed to introduce kids to a wide variety of topics and interests beyond what they can learn in a classroom. This helps them develop new skills while having a lot of fun.

"We also give campers an opportunity to explore a post-secondary institution and the exciting technology stored inside," Lee-Wah said.

There are many camps to choose from for kids ages five to 17. Thanks to a partnership with MRU's Conservatory, Music Makers campers get to try various instruments, while taking speech and choral classes taught by instructors from the Taylor Center for Performing Arts.

"If your camper is more interested in robots, then Technical Academy is a perfect match," Lee-Wah said. "Here they will learn how to build a Lego Mindstorms Robot and how to create their very own video game."

New this year is a Hip Hop camp for both elementary and junior age campers. There are also Bike + Play camps, which combine bike safety with exciting outdoor games.

"We strive to offer a fun and inclusive camp experience for each camper who walks through our door. We hope to offer new skills to each camper as well as an opportunity for them to interact and make new friends throughout the summer."

The staff are energetic and passionate about working with children. They are knowledgeable about their camp's themes and are eager to share their knowledge with campers.

"Our staff care about the well-being of their campers and we are here to make sure that everyone has a safe and positive camp experience," Lee-Wah said.

Whether it's through learning a new sport, the recipe for milk rainbows, or computer skills, each camper will take away something new with them at the end of each camp session, said Lee-Wah.

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Academie Artiste Painting & Sculpting • Reel-2-Real Film School
Canadian Natural Resources Junior Innovators • Dynamic Gamers
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Caps try to clear the air

CONFERENCE SEMIFINALS

Washington's hopes hang by a thread with Pens rolling

Desperate times called for a players-only meeting in the Washington Capitals' locker-room after they fell behind 2-0 in their second-round playoff series against the Pittsburgh Penguins.

What was said? Matt Niskanen called it "none of your business." Alex Ovechkin insisted "it stays between us" and Justin Williams said, "We'll keep that between us."

Suffice it to say, when alternate captain Nicklas Backstrom and other leaders spoke up, it wasn't a cheery message.

"It was things that people need to say and things that some people need to hear," winger T.J. Oshie said. "What was said is what needed to be said."

What's said matters little if the Capitals don't get the job done on the ice in Game 3 on Monday night in Pittsburgh. Already, they face long odds, as just 18 of the previous 87 teams to drop the first two games of a best-of-seven series at home have gone on to win the series, and only four in NHL history have



Matt Cullen got the scoring started on a shaky Braden Holtby on Saturday in Washington.

PATRICK MCDERMOTT/NHLI VIA GETTY IMAGES

come back from a 3-0 deficit.

Coach Barry Trotz didn't feel he needed to say Braden Holtby would start Game 3 but did so when asked Sunday during a conference call. Trotz pulled Holtby after three goals on 14 shots in two periods on Saturday night and seemed stunned to be asked about his status for Game 3.

"Yes, absolutely, why would you think otherwise?" Trotz

said. "No question he's our goaltender. Expect him to start tomorrow."

Trotz praised Holtby's mental toughness and body of work, and said the reigning Vezina Trophy winner will "be the difference in this series." Holtby has responded well in games after being pulled this season, including back-to-back shutouts on one occasion and a string of eight consecutive victories

on another.

Holtby, who is 7-4 with a 2.62 goals-against average and .911 save percentage in eight games in these playoffs after putting up far better numbers in previous post-seasons, took the blame for not making a save on the Penguins' third goal in Game 2. But he's by far not the only problem for the Capitals, who've had some ill-timed turnovers and mistakes that have led to odd-man rushes.

"Everybody's in the same boat," Williams said. "We're just not doing quite enough. To beat them you have to do everything right. We're not going to shy

Ducks reverse fortunes on road

71-44

The Capitals have outshot the Penguins 71-44 through two games but were outscored 9-4.

The Anaheim Ducks wrested some momentum back in their playoff series against the Edmonton Oilers with a 6-3 win Sunday.

Edmonton still leads the best-of-seven Western Conference semifinal series 2-1.

Edmonton won twice at the Honda Center to kick off the matchup. The Ducks can even up the series doing the same at Rogers Place.

Jakob Silfverberg scored twice for Anaheim although his second of the game will irritate Oilers fans until Wednesday's Game 4.

Edmonton challenged it for being offside, but the goal was allowed to stand.

Ducks captain Ryan Getzlaf had a goal and an assist with Anaheim also getting goals from Rickard Rakell, Chris Wagner and Ryan Kesler.

Connor McDavid scored his first of the series for Edmonton. Patrick Maroon and Anton Slepyshev also scored.

THE CANADIAN PRESS

IN NASHVILLE

Preds reclaim series lead

Cody McLeod scored the game-winner early in the second period, and the Nashville Predators beat the St. Louis Blues 3-1 Sunday to grab a 2-1 lead in their Western Conference semifinal.

THE ASSOCIATED PRESS

CURLING

Homan ends strong season on high note

Rachel Homan capped an impressive season of curling by winning the Champions Cup.

MIXED DOUBLES

Joanne Courtney and Reid Carruthers won silver in the world mixed doubles championship to help Canada clinch an Olympic spot for the 2018 Winter Games.

The Ottawa skip downed Sweden's Anna Hasselborg 5-4 in the title draw at Canada Olympic Park on Sunday in the final Grand Slam of Curling event of the season.

Earlier this season, Homan won the Scotties Tournament, then became the first women's skip to go undefeated en route to gold at the world championship.

Brad Jacobs of Sault Ste. Marie, Ont., won the men's title, downing Calgary's Kevin Koe 6-2 in the final. THE CANADIAN PRESS

IN BRIEF

Tottenham finally escapes from Arsenal's grip

Tottenham shifted the balance of power in north London's soccer rivalry by securing its first Premier League finish above Arsenal in 22 years with a 2-0 victory over its neighbour on Sunday. Arsenal imploded inside 77 seconds at the start of the second half to hand Tottenham a ninth consecutive league win.

Dele Alli scrambled the ball into the net and Harry Kane won a soft penalty that he converted. THE ASSOCIATED PRESS

Rendon pads his stats in Nats' thrashing of Mets

Anthony Rendon had 10 RBIs, three home runs and six hits as the Washington Nationals took advantage of Noah Syndergaard's injury and mauled the New York Mets 23-5 on Sunday to set a franchise scoring record.

Rendon went a career-best 6-for-6 and scored five times while setting a club mark for RBIs. He became the 13th player in major-league history to drive in 10 or more runs in a game. THE ASSOCIATED PRESS

NBA PLAYOFFS

Thomas rallies Celtics from early deficit

Isaiah Thomas had 33 points and nine assists, and the Celtics made 19 three-pointers to beat the Washington Wizards 123-111 Sunday in Boston and take a 1-0 lead in their Eastern Conference semifinal matchup.

Thomas played just a day after attending the funeral for his sister, who died in a car accident earlier this month outside of Tacoma, Wash.

The Wizards scored the game's first 16 points, but the Celtics rallied in the second quar-



Isaiah Thomas GETTY IMAGES

ter with Thomas briefly sidelined after getting one of his two front teeth knocked out.

THE ASSOCIATED PRESS

MAKE IT TODAY

Healthy Peanut Butter and Jelly Smoothie



PHOTO: MIRA VISNITEI

Ceri Marsh & Laura Keogh
For Metro Canada



Try this healthy morning drink that harkens back to a childhood favourite: the pb&j. If allergies are an issue, feel free to swap almond, cashew or sunflower butter for peanut butter.

Ready in: 5 minutes

Prep Time: 5 minutes
Serves: 2

Ingredients

• 1/4 cup frozen blueberries

- 1/4 cup frozen blackberries
- 1/4 cup frozen raspberries
- 1/3 cup Greek yogurt
- 1 heaping Tbsp peanut butter
- 3/4 cup almond milk
- 1 date

Directions

1. Place the date at the bottom of your blender and then all of the other ingredients. Whiz until you get a smooth consistency.

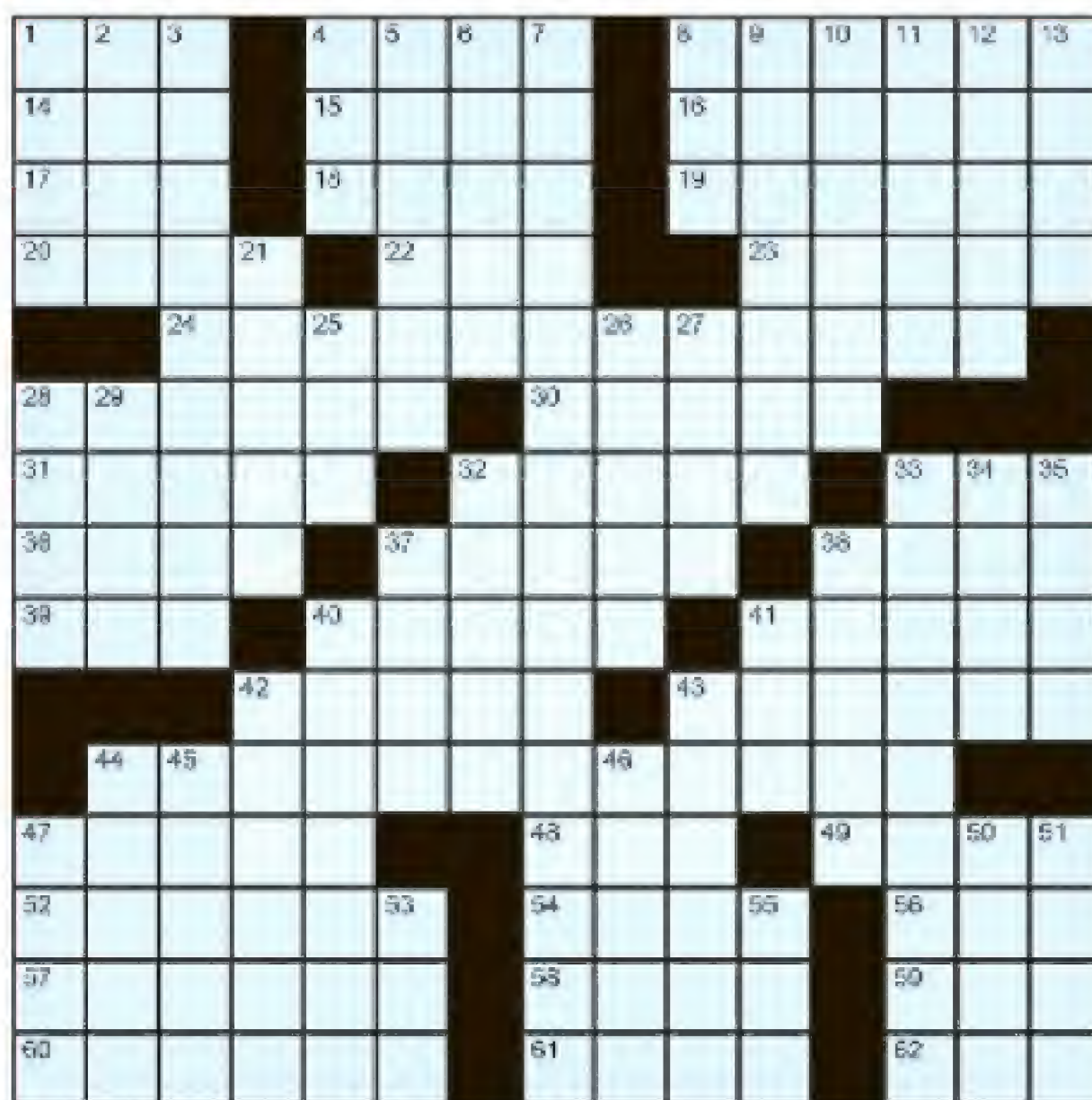
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Opera singing style, _ canto
- Stuff emptied from beach shoes
- Skyping need
- 108-card game
- 'Very', hip-style
- Put on a frock as a court professional
- VJ's network
- Attraction
- Word origin
- Li'l favoured choice
- _Aztec languages
- Viking maneuvers
- Traditional folk performance around a streamers-decorated post; 2 wds.
- Reduced salary
- _ Michigan
- E! reality series, for short
- Bracelet location
- P-to-T link
- Pate de foie _
- Red veggies
- Subatomic particle
- Enunciate
- Wedding gown wearer
- English dramatist, George _ (Contemporary of William Shakespeare)
- Do something beneath one's dignity
- Farm formation for foals
- 'As Long As Your Eyes Are Wide' is this Vancouver band's new album; 3 wds.
- Sharp weapons



- Roman myth household deity
- Fleece
- "Welcome to our home," 2 wds.
- Trim
- "Bambi" (1942) character
- Exceed
- "Step _ _ pets."

- Furry friends pal-indrome)
- Time off letters
- More succinct
- Turndowns in the Highlands
- "Move Your Body" singer

DOWN

- Knocked noggin result
- Doorway, e.g.
- 'It's a new road' in this Psychedelic Furs tune; 3 wds.
- South: French
- Like a sudden ending

- "Fabi"
- Physician who was Montreal's mayor from 1854 to 1856; abbr., + first name + last name
- Small
- Competitor
- Women's fashion chain, Lane _

- Comedian
- Home
- YMCA part
- Actualities
- Sound of laughter
- Upper crust
- Univ. treatise
- Puny parcels
- Glowing light
- Consider the options
- Denizens of Longueuil's province
- Tire-moving maneuver
- Snick-or- _
- The _ Awards (Music honours across the pond)
- Restaurant offerings
- Place to place a night table
- Org. in Jeannie C. Riley's 1968 hit
- Scuba professionals
- One might have icons and candles
- Pushily push
- Archer, when pointing
- 1979: "I _ Be Your Lover" by Prince
- Aberdeen's country, briefly
- 50 Years, in old Rome
- Rooney of "The Social Network" (2010)
- Lofoten's lil' land
- Blood type designation, for short

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
If you can play hooky today or cocoon at home, you'll be happy to do so. Somehow, you don't feel ready to greet the world this Monday morning. (Sigh.)

Taurus April 21 - May 21
Today you will use your emotions to make important decisions. However, be careful, because hunches are not always right. Use caution to prevent accidents today.

Gemini May 22 - June 21
Be mindful of your money and your possessions today, because something out of the blue might cause you to lose money or break something you own. Be careful.

Cancer June 22 - July 23
You feel restless and rebellious today. You might be obsessed with an idea or something unusual or different. Guard against accidents. Slow down.

Leo July 24 - Aug. 23
Today is a tough Monday. Things are unpredictable, and it's hard to stay focused. Just do your best to keep treading water. (That's all you can do.)

Virgo Aug. 24 - Sept. 23
A friend might surprise you today. Alternatively, you might meet a real character — someone who is different or unusual. Either way, this is not a boring day!

Libra Sept. 24 - Oct. 23
You might be high-viz for some unexpected reason, especially when dealing with parents, bosses and VIPs. (Incidentally, this includes the police.) Be aware.

Scorpio Oct. 24 - Nov. 22
Travel plans and schedules for postsecondary schools are subject to unexpected changes and delays today. You can count on this. Allow extra time so that you have wiggle room to cope.

Sagittarius Nov. 23 - Dec. 21
Stay on top of matters related to inheritances, taxes, debt and shared property so that you are not caught off guard today. Something unexpected will affect these areas.

Capricorn Dec. 22 - Jan. 20
Conversations with your partner or a close friend will be touchy today, because people are rebellious and independent. This person doesn't want to cooperate.

Aquarius Jan. 21 - Feb. 19
Your work routine will be interrupted with equipment breakdowns, computer crashes, staff shortages and canceled meetings today.

Pisces Feb. 20 - March 20
This is an accident-prone day for your children so be extra vigilant. Likewise, social plans might suddenly change. Oops! This also is a rocky day for romance.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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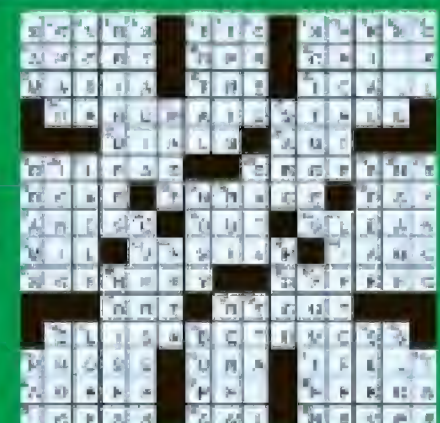
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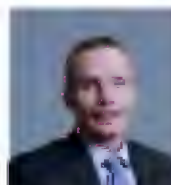
GERRY WOOD
PRESIDENT
WOOD AUTO GROUP



DARCY SCHINNOUR
SALES MANAGER
20 YEARS



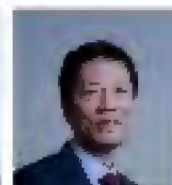
MARTIN VENNERRI
SALES MANAGER
10 YEARS



SCOTT CLAY
6 YEARS



JOHAN DEDEUGD
11 YEARS



HAN KIM
25 YEARS



JOE CHIARIZZO
40 YEARS



AARON SNOWIE
9 YEARS



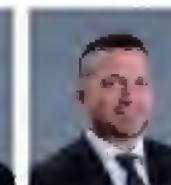
PHIL LAWRENCE
23 YEARS



JOHN QUINLAN
14 YEARS



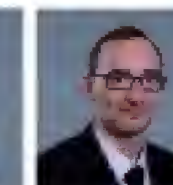
SCOTT SCHINNOUR
6 YEARS



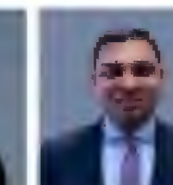
TODD CLAYTON
3 YEARS



JORDAN VERLAGE
3 YEARS



ANDREW MAW
6 YEARS



HIMAKSHU TADI PARTY
11 YEARS



JIM NARFASON
FLEET MANAGER
23 YEARS



ROB COLEMAN
DEALER PRINCIPAL
21 YEARS



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10 YEARS

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